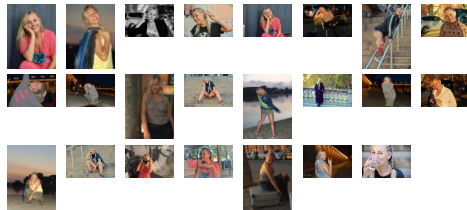


BARBARA DUCHOW



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Kontakt:

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Tel +49 228 5020880-44, -43

Barbara Duchow

- 2020 Schauspiel
- Showreel
- Pop-Rock Singer
- Moderation
- Theater

ABOUT ME

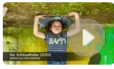


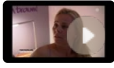

Beruf	Schauspielerin, Sängerin, Sprecherin
Geburtsjahr	27.8.1966, Hamburg
Nationalität	deutsch
1. Wohnsitz in	Hamburg
Wohnort	Hamburg
Wohnmögl.	Athen, Berlin, Hamburg, London, New York, Paris, Toulouse
ethn. Erscheinung	mitteleuropäisch
Haarfarbe	blond
Haarlänge	lang
Augenfarbe	braun
Statur	athletisch-sportlich
Größe	170 cm
Gewicht	60 kg
Konfektion	38
Sprache(n)	<ul style="list-style-type: none"> Deutsch - Muttersprache Englisch - fließend Französisch - gut
Gesang	<ul style="list-style-type: none"> Rock / Pop - professionell Heavy Metal - gut
Stimmlage	Mezzosopran
Sport	<ul style="list-style-type: none"> Boxen - gut Inlineskating - gut Reiten - gut Segeln - gut Ski - gut Yoga - gut
Tanz	<ul style="list-style-type: none"> Hip Hop - Grundkenntnisse Jazzdance - Grundkenntnisse Lateinamerikanische Tänze - Grundkenntnisse Modern Dance - Grundkenntnisse Standard - Grundkenntnisse
Lizenz	B (Kraftwagen)
Referenzen	<p>Education:</p> <ul style="list-style-type: none"> 2016 – 2018 Coordination technique, Bral School of Acting by Grzegorz Bral, Director of Song of Goats Theater, London, England 2012 - 2014 Systemische Therapie Institut for Systemic Program by Uta Karschnick Hamburg, Germany 2012 Voice-training for Rock / Metal Music with Catharina Boutari (Coach), Hamburg, Germany 2011 Teacher Training, Synapsing by Nila Aalia, London, England 2004 – 2005 Power Yoga, Professional Training, Studio ASANA, Athens, Greece 2002 – 2003 Aerial Yoga Teacher, Training and Therapy, Swaha Yoga Studio, Athens, Greece 2002 Camera Acting, Masterclass mit Rolf Liccini, Coaching Company Berlin, Germany 1995 – 1996 Performing Arts, Guest Study Program, Arts College E.D.D.C., Arnhem, Netherlands 1992 – 1995 Dance and drama, Stage School Hamburg, Germany 1992 – 2002 Acting, intensive study program with Nila Aalia (Coach), SYNAPSE (by Nila Aalia) C.C, London, England 1986 – 1990 Mode Design, Akademie JAK, Graduation Dipl. Designer, Hamburg, Germany

Ausbildung


2020	Yoga Alliance™
2019 - 2019	BeatCamp Real World Studios, Artist Residency, Wiltshire, England
2016 - 2018	Bral School of Acting by Grzegorz Bral (Coordination technique), London, England
2012 - 2014	Institute for Systemic (Systemische Therapie) Hamburg, Germany
2011	Synapsing by Nila Aalia, London, England

2011 - 2011	Voice-training for Rock / Metal Music with Catharina Boutari (Coach)
2004 - 2005	Studio ASANA, Power Yoga, Athens, Greece
2002 - 2003	Swaha Yoga Studio, Aerial Yoga Teacher, Training and Therapy, Athens, Greece
2002 - 2002	Coaching Company, Camera Acting, Masterclass mit Rolf Liccini, Berlin, Germany
1995 - 1996	Arts College E.D.D.C. Performing Arts, Arnhem, Netherlands
1992 - 1995	Stage School Hamburg GmbH
1992 - 2002	SYNAPSE (by Nila Aalia) C.C, Acting Study Program, London, England
1986 - 1990	Akademie JAK, Hamburg, Germany

Film/TV



	2020 Der Schlüsselhalter / The Key Rack	HR, Kurzspielfilm, R: Hannah Fee Kreuzer
	2020 Lunattack - Nacht	HR, Musikvideo, R: Arnaldo González
	2019 Space - Part 2	HR, Kurzspielfilm, R: Ruben Munoz Marquez
	2019 Elephant Memories feat. Lunattack - Escape	HR, Musikvideo, R: Arnaldo González
	2019 Lunattack and Dan Easley - L'Éternité	HR, Musikvideo, R: Arnaldo González
	2016 37° Grad - Das dunkle Geheimnis. Missbrauch in der Familie	HR, Doku (Reihe), ZDF, R: Mechthild Gassner
	2016 Mein dunkles Geheimnis	HR, Dokuserie, SAT.1, R: Christian Blome
	2011 Gnade	NR, Kinospießfilm, R: Matthias Glasner
	2010 Lunattack - Clara	HR, Musikvideo, R: Martin Sambauer
	2007 Die Rettungsflieger	NR, TV-Serie, ZDF, R: Donald Kraemer
	2006 Breitling SA - ID-Club 2006	NR, Imagefilm, R: Martin Sambauer
	2005 eF.Teh.aiR	NR, Kinospießfilm, R: Velvet Bianca Jobs
	2004 Damn it (48hour Britspotting Wettbewerbsbeitrag)	HR, Kurzspielfilm, R: Velvet Bianca Jobs
	2000 Vera Brühne	NR, TV-Mehrteiler, SAT.1, R: Hark Bohm
	2000 Küss mich, Tiger	NR, TV-Film, R: Jan Ruzicka
	1999 Die Männer vom K3 - Tyrannenmord	NR, TV-Film (Reihe), NDR, R: Jan Ruzicka

Theater

	2019 TIK Theater Berlin Prometheus	R: Hannah Kreuzer
	2009 - 2012 Die Elfenagentur, Hamburg Die Elfen	R: Die Elfenagentur
	2009 Lucas Carrieri Art Gallery, Berlin Sissirosi Temporary Store	R: Martin Sambauer
	2007 Theatre Allgo Austin, Texas, New York, Mineapolis Phoenix Factory	R: Daniel A. Jones
	2007 Living Theater und Laundryspaces, New York Performances by Butch Morris	R: Butch Morris
	2006 Martin Sanbauer, Hamburg ID-Club	R: Martin Sanbauer, Hamburg
	2004 Austin – New York Phoenix Factory	R: Daniel A. Jones
	2004 Fußball – Globus Hamburg Die Welt ist Rund O. Auf der Linie–auf dem Strich	R: Telat Yurtsever.
	2001 Theaterschiff, Hamburg Guten Abend, schöne unbekannte	R: Eberhard Möbius.
	2000 St.Pauli-Theatre, Hamburg Don Juan's second wife	R: Daniel Witzke
	1999 Theaterimprovisation, S3 AG, Hamburg Enterprise	R: Alia Hawa
	1999 Star Theater, Musical, Hamburg Yesterday	R: MATZE

1999	Junge-Hunde-Tanztheater, Kampnagel, Hamburg Greetings from Paradise	R: Jochen Roller
1998 - 1999	Delphi-Theatre, Hamburg Star-Club – die Story. Rock-Musical	R: Matthias Kahle
1998	Kammerspiele, Hamburg Fratzer	R: Alia Hawa
1996 - 1997	Kampnagel, Hamburg Dream Landscapes	R: Alia Hawa





Sprecher

	2017 Lunattack Pont Neuf Album Release First Stage Hamburg
	2006 China Fashion Time Hamburg China Fashion Time, Hamburg
2005	Academie JAK Fashion Show Academie JAK, Hamburg

Synchron

	2019 Dream in Black and White (Teaser) HR, R: Arnaldo González
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weitere Projekte

2018 - 2020	Helden, Cover Band of Toulouse, France. Musiker*in in Band, Helden
2018 - 2020	Elephant Memories, Toulouse - Hamburg Musiker*in in Band, Elephant Memories
	2016 - 2020 Lunattack in Concert Livemusik, Barbara Duchow Productions
2015 - 2020	Lunattack Official YouTube-Kanal, Barbara Duchow Productions
2014 - 2020	Lunattack. Electro, Pop-Rock Art Band, Hamburg - Toulouse Musikproduktion, Barbara Duchow Productions
	2020 - 2020 EnoRock Festival - Le Metronum, Toulouse, France Konzert, Barbara Duchow Productions
	2020 - 2020 HELDEN playing "One" (U2) during lockdown in Toulouse Livemusik, HELDEN Coverband of Toulouse
2019 - 2019	SPACE Part 2 - a shortfilm by Rubén Muñoz Vor der Kamera, Rubén Muñoz
2019 - 2019	Dream in black and white (Intro) Hörspiel, Barbara Duchow and Graham George
2019 - 2019	L'Éternité (Water Mix) A poem of Arthur Rimbaud (Official Video) Vor der Kamera, Barbara Duchow Productions and Dan Easley
	2019 - 2019 Barbara Duchow (Lunattack) and Elephant Memories - Concert - Halle424 Hamburg Livemusik, Barbara Duchow Productions
2017 - 2017	Pont Neuf by Lunattack Musikproduktion, Pussy Empire Recordings
2017 - 2017	Lunattack - Ghetto Filmsong, Barbara Duchow Productions
2017 - 2017	Lunattack - Schuldig Filmsong, Barbara Duchow Productions
2017 - 2017	Weapon Industry Performance, First Stage Hamburg
2017 - 2017	Lunattack - Phoenix Physics Filmsong, Barbara Duchow Productions
2017 - 2017	Lunattack - Killer Instinct Filmsong, Barbara Duchow Productions
2017 - 2017	Lunattack - Now Filmsong, Barbara Duchow Productions
2009 - 2009	SISSIROSSI TEMPORARY STORE, Berlin Performance, Lucas Carriere Art Gallery